



Scarsdale Adult School

Classes Geared for Today's Parents!

The Scarsdale Adult School is a continuing education program that provides enriching curriculum for lifelong learners. Established in 1938, SAS is an independent, not-for-profit organization chartered by the New York State Board of Regents. Peruse the entire Spring 2016 Course Catalog, register on-line today, or make a tax deductible contribution at www.ScarsdaleAdultSchool.org.



Nourish Your Mind, Body, and Soul While Your Children Are in School!

Plan a Date Night or a Girls'/Boys' Night Out!

Start a New Hobby!

Highlighted classes include:

- **Arts & Crafts and Photography:** calligraphy, collage, crochet, decoupage, drawing, mixed media, painting, sculpture, digital photography, videography, organizing digital photos, Photoshop
- **Book Clubs, Film, and Literature:** Elena Ferrante, Ta-Nehisi Coates, Elizabeth Strout, Column McCann, Vladimir Nabokov, Charles Dickens, William Shakespeare, Homer, Jewish experience, memoirs, modern short stories, poetry, author visits, movie matinees
- **College Preparation:** College Essay Writing, Understanding the New SAT vs. the ACT
- **Cooking Lessons:** summer salads, Passover side dishes, Italian feast for all senses
- **Fitness and Dance:** stay in shape for much less than the cost of a gym membership
- **Foreign Languages:** French, Italian, and Spanish
- **Games Galore:** bridge, canasta, and mah jongg for all levels
- **Guided Tours/Museum Exhibit Previews:** Bushwick Collective in Brooklyn, Edvard Munch at the Neue Galerie, Vigée Le Brun at the Metropolitan Museum of Art, Roosevelt House, Anthony Van Dyke at the Frick Collection, Edgar Degas at MoMA, Modernism at the Metropolitan Museum of Art, art galleries of Chelsea, Soho, the High Line, and the Lower East Side
- **Health/Wellness Classes:** meditation, making marriage work, sports psychology, weight loss and smoking cessation through hypnosis
- **Hobbies, Pastimes, and Spirituality:** astrology, personality style workshop, psychic powers, reliving past lives, spiritual awakenings and UFOs, creative writing, illustrating children's books
- **iWorld:** iCloud, iPads, iPhones, iPods, iStuff, Siri, Apple TV, eBay, create a website with WordPress, social media (Facebook for business, LinkedIn, Instagram, Pinterest, Twitter)